

Norfolk Sportshall

County Championship

Sat 13th Jan 2024

UEA Norwich

u11B				2 LAP				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	pm Position
1	Alfie	Pollard	Ryston Runners	27.6	10			
2	Arthur	Blyth	N Norfolk Harriers	28.1	12			
3	Bertie	Fowell	N Norfolk Harriers	33.1	15			
5	Jude	Osborne	CoNAC	26.7	7			
7	Ostin	Falgate	Attleborough Acd	25.3	3	Qualify	25.2	3
9	Ryan	Bullimore	GYDAC	27.1	8			
10	Samuel	Brown	CoNAC	24.3	1	Qualify	24.2	1
12	Sebastian	Corda	CoNAC					
13	Theo	Abbott	N Norfolk Harriers	26.2	6	Qualify	26.4	6
90	Billy	Butler	GYDAC	27.1	8			
91	Dexter	Walsh	CoNAC	25.9	5	Qualify	26	5
93	Harry	Jones	CoNAC	25.2	2	Qualify	25	2
95	Oaklen	Pollard	GYDAC	28.0	11			
96	Riley	Price	Ryston Runners	25.8	4	Qualify	25.2	4
98	Freddie	Hollinger	N Norfolk Harriers	28.8	13			
133	Isaac	Western	(blank)	28.8	13			

u11B 2 LAP HURDLES				Heats	Heats	Final time		
No	Name	Club		time	Position	Qualify		Position
1	Alfie	Pollard	Ryston Runners	28.1	6	Qualify	28.3	6
3	Bertie	Fowell	N Norfolk Harri	36.7	12			
4	Finlay	Goodenough	Attleborough A	28.1	5	Qualify	27.4	4
6	Matas	Petreikis	West Norfolk A	25.9	1	Qualify	25.8	1
9	Ryan	Bullimore	GYDAC	27.6	3	Qualify	27.9	5
13	Theo	Abbott	N Norfolk Harri	28.3	7			
89	Archie	Bean	CoNAC	31.4	10			
96	Riley	Price	Ryston Runners	27.9	4	Qualify	27	3
97	Sean	Brady	CoNAC	30.7	9			
99	Freddie	Hubbard	Ryston Runners	29.8	8			
132	Isaac	Unsworth	CoNAC	26.1	2	Qualify	26.4	2
133	Isaac	Western	(blank)	31.7	11			

u11B				4 LAP				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	Position
2	Arthur	Blyth	N Norfolk Harriers	61.8	11			
4	Finlay	Goodenough	Attleborough Acdr	56.5	6	Qualify	56.3	5
5	Jude	Osborne	CoNAC	56.2	5	Qualify	56.6	6
7	Ostin	Falgate	Attleborough Acdr	54.2	3	Qualify	55.3	3
10	Samuel	Brown	CoNAC	51.4	1	Qualify	51	1
12	Sebastian	Corda	CoNAC					
90	Billy	Butler	GYDAC	57.8	9			
91	Dexter	Walsh	CoNAC	57.5	8			
92	Fergus	Smitherman	CoNAC	55.4	4	Qualify	55.6	4
94	James	Watts	West Norfolk AC	57	7			
98	Freddie	Hollinger	N Norfolk Harriers	62.8	12			
99	Freddie	Hubbard	Ryston Runners	58.1	10			
132	Isaac	Unsworth	CoNAC	53.3	2	Qualify	53.2	2

u11B **TRIPLE JUMP**

TRIPLE JUMP

3.15pm

[illegible]

u11B

LONG JUMP

1:30pm

[illegible]

u11B **VERTICAL JUMP**

VERTICAL JUMP

2:30pm

[illegible]

u11B

SPEED BOUNCE

3:30pm

[illegible]

u11B

Chest Push

1:00pm

[illegible]

u11B **Turbo Javelin**

Turbo Javelin

4:00pm

[illegible]

u11G				2 LAP Hurdles				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	Position
14	Alice	Ganley	CoNAC	26.6	2	Qualify	27.8	2
20	Flossy	Holdsworth	CoNAC	28.3	5	Qualify	29.2	4
21	Heather	Yellop	CoNAC	29.5	9			
22	Imogen	Green	CoNAC	34.1	14			
24	Isla	Unsworth	CoNAC	26.3	1	Qualify	26.7	1
25	Jasmine	Godbold	CoNAC	29.8	10			
26	Jessica	Lacey	CoNAC	28.7	6	Qualify	30.9	6
29	Marlie	Janes	CoNAC	28.2	4	Qualify	30.3	5
30	Nala	Babbidge	N Norfolk Harriers	30.5	13			
32	Ophelia	Fowell	N Norfolk Harriers	28.9	8			
40	Phoebe	Smith	CoNAC	28.9	7			
41	Sofia	Gilboy	West Norfolk AC	30.4	11			
43	Sophia	Bullimore	GYDAC	28.1	3	Qualify	28.1	3
135	Blake	Amos	CoNAC	30.4	11			
136	Celeste	Dunleavy	CoNAC	34.1	14			

u11G**2 LAP**

u11G				2 LAP				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	Position
16	Casey	Ethridge	Attleborough Acd	26	3	Qualify	26.4	3
17	Clodagh	Quinn-Offe	CoNAC	26.9	7			
19	Emi	Muntingh	CoNAC	26.9	7			
21	Heather	Yellop	CoNAC					
22	Imogen	Green	CoNAC	30.5	18			
23	Isla	Smart	CoNAC	28.3	13			
24	Isla	Unsworth	CoNAC	24.9	1	Qualify	24.7	1
25	Jasmine	Godbold	CoNAC	27.7	10			
26	Jessica	Lacey	CoNAC	27.3	9			
27	Lauren	Lawrence	West Norfolk AC	30.2	17			
29	Marlie	Janes	CoNAC	26.6	5	Qualify	26.9	5
31	Olivia	Huetson	N Norfolk Harrier	26.1	4	Qualify	26.6	4
38	Ophelia	Martin	CoNAC					
43	Sophia	Bullimore	GYDAC	26.601	6	Qualify	27.3	6
44	Talia	Stowers	CoNAC	25.4	2	Qualify	25.4	2
134	Alys	Hunter	CoNAC	29.2	14			
135	Blake	Amos	CoNAC	29.4	15			
136	Celeste	Dunleavy	CoNAC	32	19			
137	Celina	Korn	CoNAC	28	11			
139	Jessica	Watts	West Norfolk AC	30.1	16			
140	Lizzie	Dooley	CoNAC	28.2	12			

u11G				4 LAP				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	Position
14	Alice	Ganley	CoNAC	56.4	3	Qualify	54.7	1
16	Casey	Ethridge	Attleborough Acdm	56.4	3	Qualify	56.4	4
19	Emi	Muntingh	CoNAC	56.3	2	Qualify	55.9	3
20	Flossy	Holdsworth	CoNAC	57.1	6	Qualify	56.9	5
27	Lauren	Lawrence	West Norfolk AC	63.1	13			
30	Nala	Babbidge	N Norfolk Harriers	59.1	7			
31	Olivia	Huetson	N Norfolk Harriers	59.1	7			
32	Ophelia	Fowell	N Norfolk Harriers	57	5	Qualify	57.2	6
38	Ophelia	Martin	CoNAC					
40	Phoebe	Smith	CoNAC	60.3	10			
44	Talia	Stowers	CoNAC	55.3	1	Qualify	55.4	2
137	Celina	Korn	CoNAC	60.8	11			
138	Imogen	Martin	CoNAC	59.8	9			
140	Lizzie	Dooley	CoNAC	61.1	12			

u11G **LONG JUMP**

LONG JUMP

2:15pm

No	Name		Club
15	Antonia	Weston	(blank)
16	Casey	Ethridge	Attleborough Acdm
21	Heather	Yellop	CoNAC
23	Isla	Smart	CoNAC
24	Isla	Unsworth	CoNAC
25	Jasmine	Godbold	CoNAC
27	Lauren	Lawrence	West Norfolk AC
30	Nala	Babbidge	N Norfolk Harriers
31	Olivia	Huetson	N Norfolk Harriers
41	Sofia	Gilboy	West Norfolk AC
44	Talia	Stowers	CoNAC
135	Blake	Amos	CoNAC

[illegible]

u11G **TRIPLE JUMP**

u11G **TRIPLE JUMP**

2:30pm

[illegible]

u11G

VERTICAL JUMP

4:00pm

No	Name		Club
17	Clodagh	Quinn-Offe	CoNAC
27	Lauren	Lawrence	West Norfolk AC
40	Phoebe	Smith	CoNAC
41	Sofia	Gilboy	West Norfolk AC
43	Sophia	Bullimore	GYDAC
135	Blake	Amos	CoNAC
134	Alys	Hunter	CoNAC
141	Netta	Maor	CoNAC

[illegible]

u11G

SPEED BOUNCE

1:15pm

[illegible]

u11G

Chest Push

3:30pm

[illegible]

u11G **Turbo Javelin**

Turbo Javelin

4:00pm

[illegible]

u13B**2 LAP**

u13B				2 LAP				
No	Name		Club	Heats time	Heats Position	Qualify	Final time	Position
48	Aidan	Howard	West Norfolk AC	24.9	5	Qualify	25.2	5
49	Jacob	Smart	CoNAC	25.5	7			
50	Adam	Edwards	GYDAC	24.3	4	Qualify	24.1	4
51	Ben	Lowe	CoNAC	23.7	2	Qualify	23.9	2
52	Harry	Sayer	CoNAC	24	3	Qualify	24.1	3
53	Charlie	Sutton	CoNAC	26.3	8			
59	Miller	Crane	West Norfolk AC	26.5	9			
60	Henry	Holdsworth	CoNAC	27.6	10			
61	Isaac	Mak	(blank)	23.4	1	Qualify	23.3	1
62	Joshua	Rumsby	CoNAC	25.1	6	Qualify	25.6	6
145	Savva	Cimcenoks	Attleborough AC	28.5	11			

u13B**4 LAP**

				Heats time	Heats Position	Qualify	Final time	Position
No	Name		Club					
59	Miller	Crane	West Norfolk AC					
60	Henry	Holdsworth	CoNAC					
61	Isaac	Mak	(blank)					
62	Joshua	Rumsby	CoNAC					
63	Rory	Normanton	(blank)					

u13B**6 LAP**

No	Name	Club	Heats time	Heats Position	Qualify	Final time	Position
64	Luke	Anderson				83.6	3
63	Rory	Normanton				82.5	1
65	George	Ganley				83.3	2

u13B **LONG JUMP**

LONG JUMP

3:00pm

[illegible]

u13B TRIPLE JUMP

TRIPLE JUMP

3:45pm

[illegible]

u13B

VERTICAL JUMP

3:00pm

[illegible]

u13B	SHOT (Kg)
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SHOT (Kg)

2:30pm

[illegible]

u13B

SPEED BOUNCE

2:15pm

No		Name		Club	No of Bounces	Position
47	Wilf	Gosnell	West Norfolk AC		59	5
46	Thomas	Fairhurst	CoNAC		71	1
62	Joshua	Rumsby	CoNAC		71	1
65	George	Ganley	CoNAC		64	3
143	George	Crane	Diss AC		60	4

u13G				2 LAP				
No		Name	Club	Heats time	Heats Position	Qualify	Final time	Position
66	Siena	Bullimore	GYDAC	25.5	7			
67	Hetty	Bunkle	CoNAC	26.2	12			
68	Saffron	Howell	N Norfolk Harri	25.1	6	Qualify	24.6	5
69	Eleanor	Wright	CoNAC	25.5	7			
70	Myley	Gilboy	West Norfolk A	26.5	13			
71	Darcie	Holmes	CoNAC	23.7	1	Qualify	23.8	2
72	Macey	Phillips	CoNAC	24.5	5	Qualify	25.1	6
73	Jennifer	Mardle	CoNAC	24.1	3	Qualify	24	3
74	Lalia	Chapman	West Norfolk AC					
75	Jessica	Lawrence	West Norfolk A	25.8	9			
146	Courtney	Price	Ryston Runners	26.1	11			
148	Francesca	Walsh	CoNAC	25.9	10			
149	Lexi	Ford	(blank)	24.4	4	Qualify	24.4	4
150	Lucy	Archer	Attleborough A	26.5	13			
151	Olivia	Barber	CoNAC	23.8	2	Qualify	23.7	1

u13G				4 LAP				
No	Name	Club	Heats time	Heats Position	Qualify	Final time	Position	
68	Saffron	Howell	N Norfolk Harrier	53.5	2	Qualify	52.9	3
69	Eleanor	Wright	CoNAC	57.6	10			
70	Myley	Gilboy	West Norfolk AC	56.7	8			
71	Darcie	Holmes	CoNAC	55.2	6	Qualify	56.2	5
72	Macey	Phillips	CoNAC	54.1	4	Qualify	56.3	6
73	Jennifer	Mardle	CoNAC	54.2	5	Qualify	52.7	2
74	Lalia	Chapman	West Norfolk AC					
76	April	Green	CoNAC					
77	Betty	Appleton	CoNAC	56.7	7			
78	Molly	Ellard-Thurtle	CoNAC	53.6	3	Qualify	54.8	4
79	Tayla	Goodswen	CoNAC					
146	Courtney	Price	Ryston Runners	58.8	12			
148	Francesca	Walsh	CoNAC	56.8	9			
149	Lexi	Ford	(blank)	52.9	1	Qualify	52.4	1
150	Lucy	Archer	Attleborough Acd	58.1	11			

u13G

6 LAP

No	Name	Club	Heats time	Heats Position	Qualify	Final time	Position
79	Tayla	Goodswen	AC	West Norfolk	CoNAC		
78	Molly	Ellard-Thurtle				90.0	3
77	Betty	Appleton				93.9	4
75	Jessica	Lawrence				86.8	1
151	Olivia	Barber				86.9	2

u13G

LONG JUMP

3:30pm

[illegible]

u13G

TRIPLE JUMP

2:00pm

[illegible]

u13G **VERTICAL JUMP**

VERTICAL JUMP

1:00pm

[illegible]

u13G	SHOT (Kg)
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SHOT (Kg)

2:00pm

[illegible]

u13G

SPEED BOUNCE

2:30pm

[illegible]

u15B

2 LAP

No	Name		Club
81	James	Lupton	CoNAC
153	Sam	Barber	CoNAC

Heats time	Heats Position	Qualify	Final time	Position
			22	1
			22.2	2

u15B				4 LAP			
No	Name		Club	Heats time	Heats Position	Qualify	Final time Position
80	Elijah	Yarnold-Da S	Thetford AC				48.5 4
81	James	Lupton	CoNAC				47.3 2
82	Charlie	Broad	West Norfolk AC				47 1
153	Sam	Barber	CoNAC				47.7 3

u15B **LONG JUMP**

LONG JUMP

4:00pm

[illegible]

u15B

TRIPLE JUMP

1:00pm

No				Name				Club				1st Jump		2nd Jump		3rd Jump		Best Jump		Position			
80				Elijah				Yarnold-Da Sil				Thetford AC								7.64		3	
81				James				Lupton				CoNAC								8.2		2	
153				Sam				Barber				CoNAC								8.32		1	

u15B

SHOT (Kg)

3:45pm

No				Name				Club				1st Throw	2nd Throw	3rd Throw	Best Throw	Position	
81				James				Lupton				CoNAC				9.15	2
82				Charlie				Broad				West Norfolk AC				11.41	1

u15B

SPEED BOUNCE

4:00pm

No		Name		Club	No of Bounces	Position
82	Charlie	Broad	West Norfolk AC		80	1

u15G

2 LAP

No	Name	Club
84	Mia	Brackenbury
85	Iyimefin	Essem
86	Evelyn	Day
87	Lily	Ganley
88	Lola	Van Baaren

Heats time	Heats Position	Qualify	Final time	Position
			25.6	3
			24.4	2
			23.6	1

u15G

4 LAP

No	Name	Club	Heats time	Heats Position	Qualify	Final time	Position
86	Evelyn	Day					
87	Lily	Ganley				52.1	2
88	Lola	Van Baaren				50.5	1

u15G **LONG JUMP**

LONG JUMP

4:00pm

[illegible]

u15G

VERTICAL JUMP

2:00pm

No	Name		Club
83	Isla	Hibbett	CoNAC
85	Iyimefin	Essem	(blank)
88	Lola	Van Baaren	CoNAC

[illegible]

u15G

SPEED BOUNCE

3:00pm

No		Name		Club	No of Bounces	Position
83	Isla	Hibbett	CoNAC		82	2
87	Lily	Ganley	CoNAC		76	3
88	Lola	Van Baaren	CoNAC		85	1

u15G

SHOT (3.25Kg)

3:00pm

No	Name	Club
83	Isla Hibbett	CoNAC

[illegible]