

NORFOLK Sportshall Athletics

Date: 16 NOV 24

Location: UEA



Competition Details:

Team Events

Sat 16th Oct - Sportspark UEA

Sat 16th Nov - Sportspark UEA

Sat 30th Nov - Lynnsport Kings Lynn

Individual entry

th County Championship

Sat - Sportspark, UEA Norwich

Regional Competition (East)

National Final

See National Sportshall link: <http://www.sportshall.org/>

u11B Overall Results

Team		2 Lap	4 Lap	2Lap Hurdles	Triple Jump	Vert Jump	Speed Bounce	Ball Throw	Foam Javelin	4 x 1 Relay	Obstacle relay	Points	Position
A	Norwich Road Runners												
B													
C	Attleborough Athletics	36	42	25	39	45	14	17	16	22		256	8
D	Ryston Runners												
E													
F	Waveney Valley AC												
G	Great Yarmouth	38	40	36	38	35	29	37	40	25	20	338	3
H	Harling AC												
I													
J	North Norfolk Harriers	36	39	32	43	36	42	44	43	22	24	361	2
K	W Norfolk	39	39	33	14	14	39	24	15	23	21	261	7
L	Norwich School												
M													
N	Ryston Runners	36	32	34	34	34	35	38	36	19	22	320	4
O	City of Norwich	38	39	47	45	49	46	37	46	24	25	396	1
P	Bungay Black Dog												
Q													
R	Great Yarmouth	34	28	31	15		30	34	15		23	210	9
S	Diss												
T													
U													
V													
W													
X	City of Norwich	35	28	38	30	32	42	32	39	20	19	315	5
Y	City of Norwich												
Z	City of Norwich	28	17	31	32	31	36	28	28	18	18	267	6

u11B 2 Lap

		Time
A AA		
B BB		
C CC	Blake Reynolds Jude Nicholls	38.2 26.8
D DD		
E EE		
F FF		
G GG	Elijah Bamfo Oscar Smith	26.5 29.2
H HH		
I II		
J JJ	Thaddaeus Hall Barnabas Abbott	27.8 27.7
K KK	James Watts Jacob Green	26.0 29.8
L LL		
M MM		
N NN	Freddie Hubbard Joshua Downey	27.2 27.9
O OO	Archie Bean Sean Brady	26.7 28.2
P PP		
Q QQ		
R RR	Joshua Grimmer Noah Clarke	27.7 28.2
S SS		
T TT		
U UU		
V VV		
W WW		
X XX	Alfie Dickens-Watts Alfie Gregg	29.6 27.1
Y YY		
Z ZZ	Harry Prentice Edwin Darish	28.9 29.0

Position	Points
18 4	14 22
2 15	24 14
9 7	17 19
1 17	25 14
6 10	20 16
3 11	23 15
7 11	19 15
16 5	14 21
13 14	14 14

Combined
36
38
36
39
36
38
34
35
28

u11B 4 Lap

		Time
A AA		
B BB		
C CC	Finlay Goodenough Jude Nicholls	55.7 57.5
D DD		
E EE		
F FF		
G GG	Harry Parker Harry Wright	56.9 57.6
H HH		
I II		
J JJ	Arthur Blyth Harry Hollinger	55.4 58.2
K KK	James Watts Aurthur Hollingswo	52.9 59
L LL		
M MM		
N NN	Freddie Hubbard Isaac Western	57.8 60.5
O OO	Franklin Seabright Farrin Dafforn	54.3 58.7
P PP		
Q QQ		
R RR	Sebastian King Joshua Grimmer	60.6 59.7
S SS		
T TT		
U UU		
V VV		
W WW		
X XX	Alfie Dickens-Watts Charlie Housden	64.8 61.7
Y YY		
Z ZZ	Harris Smitherman Freddie Free	57.9

Position	Points
4	22
6	20
5	21
7	19
3	23
10	16
1	25
12	14
8	18
14	14
2	24
11	15
15	14
13	14
17	14
16	14
9	17

Combined
42
40
39
39
32
39
28
28
17

u11B 2 Lap Hurdles		Time
A		
AA		
B		
BB		
C	Finlay Goodenough	26.8
CC		
D		
DD		
E		
EE		
F		
FF		
G	Logan Mcdonald	29.6
GG	Oscar Smith	32.6
H		
HH		
I		
II		
J	Thaddaeus Hall	30.8
JJ	Harry Hollinger	30.7
K	Aurthur Hollingswo	30.4
KK	Jacob Green	34.5
L		
LL		
M		
MM		
N	Joshua Downey	30.2
NN	Dilan Britton	33.6
O	Franklin Seabright	28.2
OO	Trevelle Sutton	27.4
P		
PP		
Q		
QQ		
R	Sebastian King	30.8
RR	Noah Clarke	31.2
S		
SS		
T		
TT		
U		
UU		
V		
VV		
W		
WW		
X	Henry Smith	29.6
XX	Charlie Housden	30.8
Y		
YY		
Z	George Brown	30.8
ZZ	Edwin Darish	33.4

Position	Points
1	25
4	22
14	14
12	14
8	18
7	19
17	14
6	20
16	14
3	23
2	24
9	17
13	14
5	21
9	17
9	17
15	14

Combined
25
36
32
33
34
47
31
38
31

u11B Triple Jump

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Finlay Goodenough			
CC	Blake Reynolds			
D				
DD				
E				
EE				
F				
FF				
G	Harry Parker			
GG	Logan Mcdonald			
H				
HH				
I				
II				
J	Thaddaeus Hall			
JJ	Barnabas Abbott			
K				
KK	Jacob Green			
L				
LL				
M				
MM				
N	Dilan Britton			
NN	Isaac Western			
O	Franklin Seabright			
OO	Sean Brady			
P				
PP				
Q				
QQ				
R	Joshua Grimmer			
RR				
S				
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X	Alfie Gregg			
XX	Joshua Widdows-Cook			
Y				
YY				
Z	George Brown			
ZZ	Harris Smitherman			

Best Jump
5.2
3.1
4.28
4.58
4.75
4.4
3.04
3.31
4.47
4.61
4.66
3.82
3.87
3.59
4.3
3.61

Position	Points
1	25
15	14
9	17
5	21
2	24
7	19
16	14
14	14
6	20
4	22
3	23
11	15
10	16
13	14
8	18
12	14

Combined
39
38
43
14
34
45
15
30
32

2.35pm

u11B

Vertical Jump		First jump	Second jump	Third jump
A AA				
B BB				
C CC	Finlay Goodenough Jude Nicholls			
D DD				
E EE				
F FF				
G GG	Elijah Bamfo Logan Mcdonald			
H HH				
I II				
J JJ	Arthur Blyth Harry Hollinger			
K KK	Aurthur Hollingsworth			
L LL				
M MM				
N NN	Freddie Hubbard Joshua Downey			
O OO	Kartheeswar Nandakumar Trevelle Sutton			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX	Alfie Dickens-Watts Charlie Housden			
Y YY				
Z ZZ	Edwin Darish Freddie Free			

	Best Jump
	44 40
	38 27
	36 30.01
	28
	33 30
	46 49
	21 31.01
	31 28.01

Position	Points
3	23
4	22
5	21
14	14
6	20
10	16
13	14
7	19
11	15
2	24
1	25
15	14
8	18
9	17
12	14

Combined			45			35		36	14		34	49						32		31
----------	--	--	----	--	--	----	--	----	----	--	----	----	--	--	--	--	--	----	--	----

2.10pm

u11B Speed Bounce

A	
AA	
B	
BB	
C	Blake Reynolds
CC	
D	
DD	
E	
EE	
F	
FF	
G	Elijah Bamfo
GG	Harry Wright
H	
HH	
I	
II	
J	Thaddaeus Hall
JJ	Harry Hollinger
K	James Watts
KK	Aurthur Hollingsworth
L	
LL	
M	
MM	
N	Joshua Downey
NN	Isaac Western
O	Archie Bean
OO	Trevelle Sutton
P	
PP	
Q	
QQ	
R	Sebastian King
RR	Noah Clarke
S	
SS	
T	
TT	
U	
UU	
V	
VV	
W	
WW	
X	Alfie Gregg
XX	Henry Smith
Y	
YY	
Z	George Brown
ZZ	Freddie Free

Total Jumps
17
36
30
39
42
42
36
34
40
54
40
38
35
39
42
40
36

Points	Position
14	17
15	11
14	16
18	8
24	2
24	2
15	11
14	15
21	5
25	1
21	5
16	10
14	14
18	8
24	2
21	5
15	11

Combined Total
14
29
42
39
35
46
30
42
36

1.20pm

u11B Chest Push

		Best Throw	Third Throw	Second Throw	First Throw
A AA					
B BB					
C CC	Jude Nicholls	4.25			
D DD					
E EE					
F FF					
G GG	Harry Wright Logan Mcdonald	4.75 4.25			
H HH					
I II					
J JJ	Arthur Blyth Barnabas Abbott	6.00 4.75			
K KK	James Watts	5.00			
L LL					
M MM					
N NN	Dilan Britton Freddie Hubbard	4.00 5.00			
O OO	Kartheeswar Nandakumar Farrin Dafforn	4.25 5.00			
P PP					
Q QQ					
R RR	Joshua Grimmer Sebastian King	4.75 3.75			
S SS					
T TT					
U UU					
V VV					
W WW					
X XX	Alfie Dickens-Watts Joshua Widdows-Cook	3.75 4.50			
Y YY					
Z ZZ	George Brown Harry Prentice	3.50 3.75			

Points	Position
17	9
21 16	5 10
25 19	1 7
24	2
14 24	12 2
15 22	11 4
20 14	6 15
14 18	14 8
14 14	16 13

Combined
17
37
44
24
38
37
34
32
28

1.40pm

u11B Foam Javelin

		First Throw	Second Throw	Third Throw	Best Throw
A					
AA					
B					
BB					
C	Blake Reynolds				10.75
CC					
D					
DD					
E					
EE					
F					
FF					
G	Harry Parker				11.5
GG	Oscar Smith				12.5
H					
HH					
I					
II					
J	Arthur Blyth				12
JJ	Barnabas Abbott				13.25
K	Jacob Green				10
KK					
L					
LL					
M					
MM					
N	Isaac Western				11.5
NN	Dilan Britton				11
O	Farrin Dafforn				14.25
OO	Sean Brady				13
P					
PP					
Q					
QQ					
R	Noah Clarke				10
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W					
WW					
X	Henry Smith				15.25
XX	Charlie Housden				6.75
Y					
YY					
Z	Harris Smitherman				9.75
ZZ	Edwin Darish				9.75

Position	Points
10	16
7	19
5	21
6	20
3	23
11	15
7	19
9	17
2	24
4	22
11	15
1	25
15	14
13	14
13	14

Combined
16
40
43
15
36
46
39
28

12.15pm

u11B 4 x 1 Relay

A AA		
B BB		
C CC	Jude Nicholls Finlay Goodenough	
D DD		
E EE		
F FF		
G GG	Oscar Smith Logan Mcdonald	Harry Parker Elijah Bamfo
H HH		
I II		
J JJ	Arthur Blyth Harry Hollinger	Thaddaeus Hall Barnabas Abbott
K KK	James Watts Aurthur Hollingswo	Jacob Green
L LL		
M MM		
N NN	Dilan Britton Joshua Downey	Isaac Western Freddie Hubbard
O OO	Sean Brady Farrin Dafforn	Archie Bean Artheeswar Nandakum
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX	Alfie Dickens-Watts Joshua Widdows-Co	Alfie Gregg Henry Smith
Y YY		
Z ZZ	Harry Prentice Freddie Free	Harris Smitherman George Brown

Time
55.8
53.9
55.8
54.9
57.3
54
56
58

Position	Points
4	22
1	25
4	22
3	23
7	19
2	24
6	20
8	18

u11B Obstacle
Relay

A AA		
B BB		
C CC		
D DD		
E EE		
F FF		
G GG	Harry Wright Logan Mcdonald	Harry Parker Elijah Bamfo
H HH		
I II		
J JJ	Arthur Blyth Harry Hollinger	Thaddaeus Hall Barnabas Abbott
K KK		
L LL		
M MM		
N NN	Dilan Britton Joshua Downey	Isaac Western Freddie Hubbard
O OO	Franklin Seabright Trevelle Sutton	Archie Bean rtheeswar Nandakum
P PP		
Q QQ		
R RR	Noah Clarke Sebastian King	Joshua Grimmer
S SS		
T TT		
U UU		
V VV		
W WW		
X XX	Charlie Housden Joshua Widdows-Cod	Alfie Gregg Henry Smith
Y YY		
Z ZZ	Harry Prentice Freddie Free	Harris Smitherman Edwin Darish

Time
89.1
86.2
88.4
88.3
83
87.7
89.6
91.9

Position	Points
6	20
2	24
5	21
4	22
1	25
3	23
7	19
8	18

u11G Overall Results

Team		2 Lap	4 Lap	2Lap Hurdles	Long Jump	Vert Jump	Speed Bounce	Chest Push	Foam Javelin	Obstacle Relay	4 x 1 Relay	Points	Position
A	Norwich Road Runners												
B													
C	Attleborough Athletic	27	17	14	17	14	30	37	38	18	23	235	9
D	Ryston Runners												
E													
F	Waveney Valley AC												
G	Great Yarmouth	18	32	39	41	36	29	31	31	22	20	299	3
H	City of Norwich	35	29	28	20	28	33	28	32	20	19	272	5
I													
J	North Norfolk Harriers	34	19	31	28	32	34	14		17	21	230	10
K	W Norfolk	28	38	33	33	30	22	20		19	18	241	6
L													
M													
N	Ryston Runners	32			33	36	19		21		17	158	11
O	City of Norwich	38	48	47	47	39	38	45	39	25	25	391	1
P	Bungay Black Dog												
Q	Bungay Black Dog												
R	Great Yarmouth												
S	Diss												
T	Thetford	41		25	47	39	16	23	25	21		237	8
U	City of Norwich	17	28	28	19	26	28	28	35	16	16	241	6
V													
W													
X	City of Norwich	41	43	41	30	35	49	39	42	23	24	367	2
Y	City of Norwich	35	40	33	28	26	33	39	14	24	22	294	4
Z	City of Norwich	16	14	14	4	9	20	14	31	15		137	12

u11G 2 Lap

		Time
A		
AA		
B		
BB		
C	Zara Taiwo	26.4
CC	Rosie Robinson	30.7
D		
DD		
E		
EE		
F		
FF		
G	Alissa Brooks	29.1
GG	Emily Cooper	31.2
H	Poppy Pitcher	27.7
HH	Lily-Mae McBride	27.1
I		
II		
J	Holly Cartwright	28.0
JJ	Ella-Joy Hollinger	27.1
K	Jessica Watts	28.7
KK	Kacey Gray	28.1
L		
LL		
M		
MM		
N	Freya Reynolds	28.7
NN	Lianna Prosper	27.1
O	Heather Yellop	28.5
OO	Kayla Osifo-Doe	26.1
P		
PP		
Q		
QQ		
R		
RR		
S		
SS		
T	Felicia Amadasun	25.1
TT	Antonia Weston	27.6
U	Eleanor Coles	31.8
UU	Eva Pointer	28.8
V		
VV		
W		
WW		
X	Eleanor Crane	26.2
XX	Lizzie Dooley	27.1
Y	Soraya Scott	26.6
YY	Imogen Green	29.1
Z	Ella Hennessy	28.8
ZZ	Sophia O'Sullivan	32.4

Position	Points
4	22
21	5
19	14
22	4
11	15
6	20
12	14
6	20
15	14
13	14
15	14
8	18
14	14
2	24
1	25
10	16
23	3
17	14
3	23
8	18
5	21
19	14
17	14
24	2

Combined
27
18
35
34
28
32
38
41
17
41
35
16

u11G 4 Lap

		Time
A		
AA		
B		
BB		
C	Olivia Walker	60.6
CC	Zara Taiwo	
D		
DD		
E		
EE		
F		
FF		
G	Alba Bartlett	62.7
GG	Elsie Grimbly-Moral	60.5
H	Mina Gardner	63.5
HH	Alys Hunter	61.1
I		
II		
J	Tessa Cartwright	60.3
JJ		
K	Jessica Watts	58.3
KK	Teagan Thorne	63.4
L		
LL		
M		
MM		
N		
NN		
O	Phoebe Smith	57.3
OO	Flossy Holdsworth	59.1
P		
PP		
Q		
QQ		
R		
RR		
S		
SS		
T		
TT		
U	Carmon Coombes	65.4
UU	Eva Pointer	62.8
V		
VV		
W		
WW		
X	Avah Booth	59.1
XX	Erin Woodcroft	59.5
Y	Amaya Daley	59.1
YY	Melanie Okolidoh	60.6
Z		
ZZ	Ellie-May Wright	65.7

Position	Points
9	17
12	14
8	18
15	14
11	15
7	19
2	24
14	14
1	25
3	23
16	14
13	14
3	23
6	20
3	23
9	17
17	14

Combined
17
32
29
19
38
48
28
43
40
14

u11G 2 Lap Hurdles

		Time
A		
AA		
B		
BB		
C	Mia Goodenough	31.8
CC	Olivia Walker	
D		
DD		
E		
EE		
F		
FF		
G	Elsie Grimbly-Moral	29.6
GG	Savannah Brown	31.2
H	Alys Hunter	32.4
HH	Poppy Pitcher	31.6
I		
II		
J	Holly Cartwright	32
JJ	Tessa Cartwright	31.2
K	Teagan Thorne	31.5
KK	Kacey Gray	31
L		
LL		
M		
MM		
N		
NN		
O	Flossy Holdsworth	29.3
OO	Marlie Janes	28.3
P		
PP		
Q		
QQ		
R		
RR		
S		
SS		
T	Felicia Amadasun	26.9
TT		
U	Imogen Lyons	38.2
UU	Ava Rosembert	32.8
V		
VV		
W		
WW		
X	Avah Booth	29.8
XX	Eibhlin Quinn-Offe	30.3
Y	Amaya Daley	33
YY	Netta Maor	30.4
Z	Ella Hennessy	32.3
ZZ		

Position	Points
13	14
4	22
9	17
16	14
12	14
14	14
9	17
11	15
8	18
3	23
2	24
1	25
19	14
17	14
5	21
6	20
18	14
7	19
15	14

Combined
14
39
28
31
33
47
25
28
41
33
14

u11G Triple Jump

		First Jump	Second Jump	Third Jump
A				
AA				
B				
BB				
C	Mia Goodenough			
CC	Olivia Walker			
D				
DD				
E				
EE				
F				
FF				
G	Elsie Grimbly-Moralee			
GG	Alba Bartlett			
H	Lily-Mae McBride			
HH	Alys Hunter			
I				
II				
J	Tessa Cartwright			
JJ	Ella-Joy Hollinger			
K	Kacey Gray			
KK	Teagan Thorne			
L				
LL				
M				
MM				
N	Freya Reynolds			
NN	Lianna Prosper			
O	Flossy Holdsworth			
OO	Marlie Janes			
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T	Felicia Amadasun			
TT	Antonia Weston			
U	Ava Rosembert			
UU	Eva Pointer			
V				
VV				
W				
WW				
X	Avah Booth			
XX	Eibhlin Quinn-Offe			
Y	Amaya Daley			
YY	Netta Maor			
Z	Ellie-May Wright			
ZZ	Ella Hennessy			

Best Jump
4.15
4.4
4.31
3.45
3.78
3.92
3.67
3.72
4.2
3.93
4.18
4.58
4.98
4.55
5.02
3.301
3.83
4.02
3.69
3.61
3.62
3.3

Position	Points
9	17
5	21
6	20
20	6
14	14
12	14
17	14
15	14
7	19
11	15
8	18
3	23
2	24
4	22
1	25
21	5
13	14
10	16
16	14
19	14
18	14
22	4

Combined
17
41
20
28
33
33
47
47
19
30
28
4

3.05pm

u11G Vertical Jump

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Olivia Walker			
CC	Rosie Robinson			
D				
DD				
E				
EE				
F				
FF				
G	Alissa Brooks			
GG	Savannah Brown			
H	Lily-Mae McBride			
HH	Poppy Pitcher			
I				
II				
J	Holly Cartwright			
JJ	Tessa Cartwright			
K	Jessica Watts			
KK	Teagan Thorne			
L				
LL				
M				
MM				
N	Freya Reynolds			
NN	Lianna Prosper			
O	Kayla Osifo-Doe			
OO	Heather Yellop			
P				
PP				
QQ				
Q				
R				
RR				
S				
SS				
T	Felicia Amadasun			
TT				
U	Eleanor Coles			
UU	Carmon Coombes			
V				
VV				
W				
WW				
X	Erin Woodcroft			
XX	Lizzie Dooley			
Y	Imogen Green			
YY	Netta Maor			
Z	Sophia O'Sullivan			
ZZ	Elsie Gibson			

Best Jump
28.01
28
39.01
31
31.02
34.01
31.01
29
32.01
35
34
50
29.01
43
32
19
41
39
30
27
35.01
25
26

Position	Points
18	14
19	14
4	22
14	14
12	14
8	18
13	14
17	14
10	16
7	19
9	17
1	25
16	14
2	24
11	15
23	3
3	23
5	21
15	14
20	6
6	20
22	4
21	5

Combined
14
36
28
32
30
36
39
39
26
35
26
9

1.10pm

u11G Speed Bounce

A	
AA	
B	
BB	
C	Zara Taiwo
CC	Rosie Robinson
D	
DD	
E	
EE	
F	
FF	
G	Alba Bartlett
GG	Emily Cooper
H	Mina Gardner
HH	Poppy Pitcher
I	
II	
J	Holly Cartwright
JJ	Ella-Joy Hollinger
K	Teagan Thorne
KK	Jessica Watts
L	
LL	
M	
MM	
N	Lianna Prosper
NN	
O	Marlie Janes
OO	Phoebe Smith
P	
PP	
Q	
QQ	
R	
RR	
S	
SS	
T	Felicia Amadasun
TT	Antonia Weston
U	Ava Rosembert
UU	Imogen Lyons
V	
VV	
W	
WW	
X	Erin Woodcroft
XX	Eibhlin Quinn-Offe
Y	Soraya Scott
YY	Imogen Green
Z	Ella Hennessy
ZZ	Elsie Gibson

Total Jumps
38
34
43
25
39
33
31
40
42
39
42
38
38
36
28
44
43
36
39
34
27

Position	Points
10	16
15	14
2	24
21	5
7	19
17	14
18	14
6	20
4	22
7	19
4	22
10	16
10	16
13	14
19	14
1	25
2	24
13	14
7	19
15	14
20	6

Combined Total
30
29
33
34
22
19
38
16
28
49
33
20

2.05pm

u11G Chest Push

		Best Throw	Third throw	Second throw	First Throw
A AA					
B BB					
C CC	Rosie Robinson Zara Taiwo	4.50 4.75			
D DD					
E EE					
F FF					
G GG	Elsie Grimbly-Moralee Alissa Brooks	4.25 4.25			
H HH	Lily-Mae McBride Alys Hunter	3.50 3.50			
I II					
J JJ	Ella-Joy Hollinger	3.75			
K KK	Kacey Gray Jessica Watts	4.75			
L LL					
M MM					
N NN					
O OO	Heather Yellop Phoebe Smith	5.25 5.75			
P PP					
Q QQ					
R RR					
S SS					
T TT	Antonia Weston	5.75			
U UU	Eleanor Coles Carmon Coombes	3.75 3.75			
V VV					
W WW					
X XX	Amaya Daley Eleanor Crane	4.50 5.50			
Y YY	Amaya Daley Melanie Okolidoh	3.00 6.00			
Z ZZ	Ellie-May Wright	3.25			

Points	Position
18 19	8 7
15 16	11 10
14 14	15 16
14	13
20	6
21 24	5 2
23 14 14	3 13 12
17 22	9 4
14 25	18 1
14	17

Combined
37
31
28
14
20
45
23
28
39
39
14

2.45pm

u11G Foam Javelin

		First Throw	Second throw	Third throw	Distance
A					
AA					
B					
BB					
C	Rosie Robinson				11.75
CC	Mia Goodenough				5.75
D					
DD					
E					
EE					
F					
FF					
G	Alissa Brooks				3.75
GG	Emily Cooper				8.5
H	Alys Hunter				8
HH	Mina Gardner				9
I					
II					
J					
JJ					
K	Kacey Gray				
KK	Kacey Gray				
L					
LL					
M					
MM					
N	Freya Reynolds				9.75
NN					
O	Kayla Osifo-Doe				10.25
OO	Flossy Holdsworth				8.5
P					
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT	Antonia Weston				12.75
U	Imogen Lyons				9.75
UU	Ava Rosembert				8.25
V					
VV					
W					
WW					
X	Avah Booth				11
XX	Eleanor Crane				9.5
Y	Melanie Okolidoh				6.75
YY					
Z	Ellie-May Wright				7.5
ZZ	Ella Hennessy				8.5

Position	Points
2	24
16	14
17	14
9	17
13	14
8	18
5	21
4	22
9	17
1	25
5	21
12	14
3	23
7	19
15	14
14	14
9	17

Combined
38
31
32
21
39
25
35
42
14
31

12.15pm

u11G 4 x 1 Relay

A AA		
B BB		
C CC	Mia Goodenough Rosie Robinson	Olivia Walker Zara Taiwo
D DD		
E EE		
F FF		
G GG	Alissa Brooks Savannah Brown	Alba Bartlett Elsie Grimbly-Morales
H HH	Mina Gardner Alys Hunter	Poppy Pitcher Lily-Mae McBride
I II		
J JJ	Ella-Joy Hollinger Holly Cartwright	Tessa Cartwright
K KK	Teagan Thorne	Jessica Watts Kacey Gray
L LL		
M MM		
N NN	Lianna Prosper Freya Reynolds	
O OO	Flossy Holdsworth Kayla Osifo-Doe	Heather Yellop Marlie Janes
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU	Imogen Lyons Eleanor Coles	Carmon Coombes Eva Pointer
V VV		
W WW		
X XX	Eibhlin Quinn-Offe Erin Woodcroft	Lizzie Dooley Eleanor Crane
Y YY	Amaya Daley Soraya Scott	Netta Maor Melanie Okolidoh
Z ZZ	Felicia Amadasun Ella Hennessy	Ellie-May Wright

Time
55
56.9
57
56.1
57.2
57.5
53.2
65.3
54.5
55.8
{56.9}

Position	Points
3	23
6	20
7	19
5	21
8	18
9	17
1	25
10	16
2	24
4	22

u11G Obstacle Relay

A AA		
B BB		
C CC	Mia Goodenough Rosie Robinson	Olivia Walker Zara Taiwo
D DD		
E EE		
F FF		
G GG	Emily Cooper Savannah Brown	Alba Bartlett Elsie Grimbly-Morales
H HH	Mina Gardner Alys Hunter	Poppy Pitcher Lily-Mae McBride
I II		
J JJ	Ella-Joy Hollinger Holly Cartwright	Tessa Cartwright
K KK	Teagan Thorne	Jessica Watts Kacey Gray
L LL		
M MM		
N NN		
O OO	Phoebe Smith Kayla Osifo-Doe	Heather Yellop Marlie Janes
P PP		
Q QQ		
R RR		
S SS		
T TT	Felicia Amadasun Antonia Weston	
U UU	Imogen Lyons Ava Rosembert	Eleanor Coles Eva Pointer
V VV		
W WW		
X XX	Eibhlin Quinn-Offe Erin Woodcroft	Avah Booth Eleanor Crane
Y YY	Imogen Green Soraya Scott	Netta Maor Melanie Okolidoh
Z ZZ	Ellie-May Wright Elsie Gibson	Sophia O'Sullivan Ella Hennessy

Time
93.9
87.7
90.4
95.5
90.6
81.7
89.4
99.9
86
85.6
105.6

Position	Points
8	18
4	22
6	20
9	17
7	19
1	25
5	21
10	16
3	23
2	24
11	15

u13B Overall Results

UEA

16 NOV 24

[illegible]

u13B 2 Lap

13B2 Lap		Time
A AA		
B BB		
C CC	Savva Cimcenoks TJ Taiwo	25.1
D DD	TJ Taiwo	
E EE		
F FF		
G GG	Adam Edwards Billy Butler	23.5 25.8
H HH		
I II		
J JJ	Theodore Abbot	25.4
K KK	Samuel Howard Wilf Gosnell	26.0 28.0
L LL		
M MM		
N NN	Riley Price	23.8
O OO	Samuel Brown Charlie Sutton	23.6 25.2
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX		
Y YY	Harry Jones Isaac Unsworth	24.5 25.8
Z ZZ		

Position	Points
5	21
1	25
9	17
7	19
10	16
11	15
3	23
2	24
6	20
4	22
8	18

[illegible]

u13B 4 Lap

L3B4 Lap		Time
A AA		
B BB		
C CC	Dexter Reynolds TJ Taiwo	63.4 54.0
D DD		
E EE		
F FF		
G GG	Ryan Bullimore Callum Brown	56.4 57.3
H HH		
I II		
J JJ	Theodore Abbot	55.3
K KK	Luke Anderson Rhys Howard	50.2 63.0
L LL		
M MM		
N NN		
O OO	George Ganley Samuel Trickey	51.2 52.4
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX		
Y YY	Dexter Walsh Leonardo Jones	58.7 59.3
Z ZZ		

Points	Position
15 22	11 4
20 19	6 7
21	5
25 16	1 10
24 23	2 3
18 17	8 9

[illegible]

u13B 6 Lap

3B6 Lap		Time
A AA		
B BB		
C CC	Ostin Falgate Savva Cimcenoks	85.8
D DD		
E EE		
F FF		
G GG	Ryan Bullimore Billy Butler	89.2 90.2
H HH		
I II		
J JJ		
K KK	Luke Anderson Matas Petreikis	82.6 85.9
L LL		
M MM		
N NN		
O OO	Isaac Unsworth Samuel Trickey	84.0 83.8
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX		
Y YY	Fergus Smitherman Kaylen Love	88.4 91.0
Z ZZ		

Points	Position
22	4
19	7
18	8
25	1
21	5
23	3
24	2
20	6
17	9

Combined			22				37				46				47						37	
----------	--	--	----	--	--	--	----	--	--	--	----	--	--	--	----	--	--	--	--	--	----	--

u13B

Long Jump

3B Long Jump		First jump	Second jump	Third jump
A AA				
B BB				
C CC	TJ Taiwo Ostin Falgate			
D DD				
E EE				
F FF				
G GG	Adam Edwards Callum Brown			
H HH				
I II				
J JJ	Theodore Abbot			
K KK	Matas Petreikis Samuel Howard			
L LL				
M MM				
N NN	Riley Price			
O OO	Samuel Brown Isaac Unsworth			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX				
Y YY	Fergus Smitherman Kaylen Love			
Z ZZ				

Best Jump
1.80 1.89
2.07 1.82
2.01
2.22 1.92
2.01
1.84 1.73
1.66 1.48

Position	Points
9 6	17 20
2 8	24 18
4	22
1 5	25 21
3	23
7 10	19 16
11 12	15 14

[illegible]

3.30pm

u13B

A				
AA				
B				
BB				
C	TJ Taiwo			
CC	Dexter Reynolds			
D				
DD				
E				
EE				
F				
FF				
G	Adam Edwards			
GG	Callum Brown			
H				
HH				
I				
II				
J	Theodore Abbot			
JJ				
K	Matas Petreikis			
KK	Rhys Howard			
L				
LL				
M				
MM				
N	Riley Price			
NN				
O	Samuel Trickey			
OO	Daniel Matembera			
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X				
XX				
Y	Harry Jones			
YY	Leonardo Jones			
Z				
ZZ				

[illegible]

5 11	21 15
3 6	23 20
4	22
1 12	25 14
2	24
7 8	19 18
9 10	17 16

[illegible]

1.30pm

u13B

Triple Jump

3B Triple Jump		First jump	Second jump	Third jump
A AA				
B BB				
C CC	TJ Taiwo Dexter Reynolds			
D DD				
E EE				
F FF				
G GG	Adam Edwards Billy Butler			
H HH				
I II				
J JJ				
K KK	Wilf Gosnell Rhys Howard			
L LL				
M MM				
N NN				
O OO	George Ganley Charlie Sutton			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX				
Y YY	Dexter Walsh Jude Osbourne			
Z ZZ				

Best Jump	
4.80	4.08
6.28	5
4.92	4.9
6.24	5.9
5.35	5.28

Position	Points
9	17
10	16
1	25
6	20
7	19
8	18
2	24
3	23
4	22
5	21

[illegible]

2.10pm

Speed Bounce

A	
AA	
B	
BB	
C	Savva Cimcenoks
CC	Dexter Reynolds
D	
DD	
E	
EE	
F	
FF	
G	Ryan Bullimore
GG	Billy Butler
H	
HH	
I	
II	
J	
JJ	
K	Wilf Gosnell
KK	Samuel Howard
L	
LL	
M	
MM	
N	
NN	
O	Samuel Brown
OO	Daniel Matembera
P	
PP	
Q	
QQ	
R	
RR	
S	
SS	
T	
TT	
U	
UU	
V	
VV	
W	
WW	
X	
XX	
Y	Harry Jones
YY	Jude Osbourne
Z	
ZZ	

Total Bounces
37
59
66
73
61
83
63
70
72

Position	Points
9	17
8	18
5	21
2	24
7	19
1	25
6	20
4	22
3	23

Combined			17				39				43				45								45	
----------	--	--	----	--	--	--	----	--	--	--	----	--	--	--	----	--	--	--	--	--	--	--	----	--

3.00pm

u13B Shot

		First throw	Second throw	Third throw
A				
AA				
B				
BB				
C	Savva Cimcenoks			
CC	Ostin Falgate			
D				
DD				
E				
EE				
F				
FF				
G	Ryan Bullimore			
GG	Callum Brown			
H				
HH				
I				
II				
J				
JJ				
K	Luke Anderson			
KK	Wilf Gosnell			
L				
LL				
M				
MM				
N	Riley Price			
NN				
O	George Ganley			
OO	Isaac Unsworth			
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X				
XX				
Y	Dexter Walsh			
YY	Leonardo Jones			
Z				
ZZ				

Best throw
7.07
6.17
4.50
8.25
5.63
5.98
7.53
5.86
6.28
5.69

Position	Points
3	23
5	21
10	16
1	25
9	17
6	20
2	24
7	19
4	22
8	18

Combined
23
37
42
20
43
40

1.00pm

u13B 4 x 2 Lap Relay

A		
B		
C	Savva Cimcenoks TJ Taiwo	Savva Cimcenoks Ostin Falgate
D		
E		
F		
G	Adam Edwards Callum Brown	Ryan Bullimore Billy Butler
H		
I		
J		
K	Luke Anderson Rhys Howard	Matas Petreikis Samuel Howard
L		
M		
N		
O	Daniel Matembera Charlie Sutton	Isaac Unsworth Samuel Trickey
P		
Q		
R		
S		
T		
U		
V		
W		
X		
Y	Fergus Smitherman Kaylen Love	Leonardo Jones Harry Jones
Z		

Time
106.8
103.0
103.4
101.4
104.6

Pos	Points
5	21
2	24
3	23
1	25
4	22

u13B Obstacle Race

A		
B		
C	Savva Cimcenoks TJ Taiwo	Savva Cimcenoks Ostin Falgate
D		
E		
F		
G	Adam Edwards Callum Brown	Ryan Bullimore Billy Butler
H		
I		
J		
K	Matas Petreikis Wilf Gosnell	Samuel Howard Luke Anderson
L		
M		
N		
O	Daniel Matembera Charlie Sutton	Samuel Brown George Ganley
P		
Q		
R		
S		
T		
U		
V		
W		
X		
Y	Fergus Smitherman Kaylen Love	Dexter Walsh Jude Osbourne
Z		

Time
81.4
77.6
78.2
75.2
83.9

Pos	Points
4	22
2	24
3	23
1	25
5	21

u13G Overall Results

UEA

16 NOV 24

[illegible]

u13G 2 lap		Time
A		
AA		
B		
BB		
C	Caesey Ethridge	25.5
CC	Guste Steponaviciute	29.5
D		
DD		
E		
EE		
F		
FF		
G	Caelah-Leigh Whyte	23.1
GG	Emmie Brooks	26.0
H		
HH		
I		
II		
J	Isla Cartwright	26.3
JJ		
K		
KK		
L		
LL		
M		
MM		
N	Courtney Price	25.2
NN		
O	Macey Phillips	24.2
OO	Olivia Barber	24.6
P		
PP		
Q		
QQ		
R		
RR		
S		
SS		
T		
TT		
U		
UU		
V		
VV		
W		
WW		
X	Talia Stowers	24.6
XX	Ophelia Martin	24.3
Y	Imogen Martin	26.1
YY	Ophelia Fowell	27.3
Z		
ZZ		

Position	Points
7	19
12	14
1	25
8	18
10	16
6	20
2	24
4	22
4	22
3	23
9	17
11	15

Combined
33
43
16
20
46
45
32

u13 4 Lap

		Time
A		
AA		
B		
BB		
C	Caesey Ethridge	54.8
CC	Lucy Archer	58.0
D		
DD		
E		
EE		
F		
FF		
G	Caelah-Leigh Whyte	51.9
GG	Kyla Lacey	56.3
H		
HH		
I		
II		
J	Isla Cartwright	56.7
JJ		
K		
KK		
L		
LL		
M		
MM		
N	Courtney Price	54.8
NN		
O	Eleanor Wright	54.5
OO	April Green	57.1
P		
PP		
Q		
QQ		
R		
RR		
S		
SS		
T		
TT		
U		
UU		
V		
VV		
W		
WW		
X	Isabelle Barr	57.7
XX	Ophelia Martin	53.9
Y	Clodagh Quinn-Offe	58.0
YY	Isla Unsworth	52.7
Z		
ZZ		

Position	Points
5	21
11	15
1	25
7	19
8	18
5	21
4	22
9	17
10	16
3	23
11	15
2	24

Combined
36
44
18
21
39
39

u13 6 Lap

13 6 Lap		Time
A AA		
B BB		
C CC		
D DD		
E EE		
F FF		
G GG	Sophia Bullimore Emmie Brooks	92.8 96.5
H HH		
I II		
J JJ		
K KK		
L LL		
M MM		
N NN		
O OO	Macey Phillips April Green	86.7 86.1
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX	Alice Ganley Francesca Walsh	89.3 88.3
Y YY	Emi Muntingh Ophelia Fowell	88.8 94.4
Z ZZ		

Points	Position
20	6
18	8
24	2
25	1
21	5
23	3
22	4
19	7

Combined	
	38
	49
44	
41	

13G

Long
Jump

		First jump	Second jump	Third jump
A AA				
B BB				
C CC	Caesey Ethridge Guste Steponavicuite			
D DD				
E EE				
F FF				
G GG	Caelah-Leigh Whyte Emmie Brooks			
H HH				
I II				
J JJ	Isla Cartwright			
K KK				
L LL				
M MM				
N NN	Courtney Price			
O OO	Olivia Barber Eleanor Wright			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX	Isabelle Barr Alice Ganley			
Y YY	Emi Muntingh Isla Unsworth			
Z ZZ				

Best jump
1.90
1.28
2.10
1.66
1.59
1.78
2.09
1.86
1.68
1.65
1.75
1.79

Position	Points
3	23
12	14
1	25
9	17
11	15
6	20
2	24
4	22
8	18
10	16
7	19
5	21

Combined
37
42
20
46
34
40

1.30pm

Vertical Jump

3.00pm

13G

Triple Jump

3G Triple Jump		First jump	Second jump	Third jump
A AA				
B BB				
C CC	Caesey Ethridge			
D DD				
E EE				
F FF				
G GG	Caelah-Leigh Whyte Kyla Lacey			
H HH				
I II				
J JJ				
K KK				
L LL				
M MM				
N NN				
O OO	Macey Phillips Eleanor Wright			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX	Alice Ganley Ophelia Martin			
Y YY	Clodagh Quinn-Offe Ophelia Fowell			
Z ZZ				

Best Jump
5.48
6.02
5.08
6.06
5.84
5.30
5.58
5.46
4.90

Position	Points
5	21
2	24
8	18
1	25
3	23
7	19
4	22
6	20
9	17

[illegible]

1.00pm

13G

Speed
Bounce

A AA	
B BB	
C CC	Lucy Archer
D DD	
E EE	
F FF	
G GG	Sophia Bullimore Emmie Brooks
H HH	
I II	
J JJ	
K KK	
L LL	
M MM	
N NN	
O OO	Macey Phillips April Green
P PP	
Q QQ	
R RR	
S SS	
T TT	
U UU	
V VV	
W WW	
X XX	Talia Stowers Francesca Walsh
Y YY	Clodagh Quinn-Offe Ophelia Fowell
Z ZZ	

Total Bounces
60
64 57
68 68
73 55
69 59

Position	Points
6	20
5 8	21 18
3 3	23 23
1 9	25 17
2 7	24 19

Combined
20
39
46
42
43

2.40pm

13G Shot

3G Shot		First throw	Second throw	Third throw
A AA				
B BB				
C CC	Lucy Archer Guste Steponavicuite			
D DD				
E EE				
F FF				
G GG	Sophia Bullimore Kyla Lacey			
H HH				
I II				
J JJ				
K KK				
L LL				
M MM				
N NN				
O OO	Eleanor Wright Olivia Barber			
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX	Isabelle Barr Ophelia Martin			
Y YY	Isla Unsworth Emi Muntingh			
Z ZZ				

Best throw
5.07
4.84
4.92
7.22
9.6
5.87
4.9
5.28
4.86
4.62

Points	Position
21	5
17	9
20	6
24	2
25	1
23	3
19	7
22	4
18	8
16	10

Combined			38			44						48						41	34	
----------	--	--	----	--	--	----	--	--	--	--	--	----	--	--	--	--	--	----	----	--

3.30pm

13G 4 x 2 Lap Relay

A		
B		
C	Lucy Archer	Caesey Ethridge Guste Steponavicuite
D		
E		
F		
G	Caelah-Leigh Whyte Kyla Lacey	Sophia Bullimore Emmie Brooks
H		
I		
J		
K		
L		
M		
N		
O	Macey Phillips Eleanor Wright	Olivia Barber April Green
P		
Q		
R		
S		
T		
U		
V		
W		
X	Talia Stowers Alice Ganley	Ophelia Martin Isabelle Barr
Y	Imogen Martin Isla Unsworth	Ophelia Fowell Clodagh Quinn-Offe
Z		

Time
110.3
99.7
102.6
100.7
101.4

Pos	Points
5	21
1	25
4	22
2	24
3	23

13G Obstacle Race

A		
B		
C		
D		
E		
F		
G	Caelah-Leigh Whyte Kyla Lacey	Sophia Bullimore Emmie Brooks
5		
I		
J		
K		
L		
M		
N		
O	Macey Phillips Eleanor Wright	Olivia Barber April Green
P		
Q		
R		
S		
T		
U		
V		
W		
X	Talia Stowers Isabelle Barr	Alice Ganley Francesca Walsh
Y	Imogen Martin Clodagh Quinn-Offe	Isla Unsworth Emi Muntingh
Z		

Time
77.9
74.7
77.8
77.0

Pos	Points
4	22
1	25
3	23
2	24

u15B Overall Score

[illegible]

u15B 2 Lap

[illegible]

u15B 4 Lap

[illegible]

u15B Long Jump

[illegible]

u15B Triple Jump

[illegible]

u15B Speed Bounce

[illegible][illegible][illegible]

3.15pm

u15B Shot

[illegible]

Overall Score

[illegible]

[illegible][illegible]

[illegible][illegible]

Long Jump

[illegible]

u15G Vertical Jump

[illegible]

u15G Speed Bounce

[illegible][illegible][illegible]

1.00pm

u15G Shot

[illegible]